Jenses SPA

## MASSAGES

<b>5 Senses Massage</b> Immerse yourself in relaxing and revitalizing sensations. The combination of hot stones and arom relieving tension and renewing energy.	(50 min) hatherapy is perfect for
Candle Sensations Relax and nourish your skin with this indulgent massage, combining warmth and softness for deep w	(50 min) well-being.
Aromatherapy Restore balance with essential oils that calm the mind and revitalize the body.	(50 min)
Hot Stones Massage Experience total comfort with hot stones that relieve tension and provide deep relaxation.	(50 min)
<b>Relaxing Massage</b> Relieve stress and restore your energy with this full-body massage, ideal for body and mind.	(25 min)   (50 min)
<b>Deep Tissue Massage</b> Release tight muscles and ease pain with an intense, yet highly effective massage.	(25 min)   (50 min)
Lymphatic Drainage Stimulate circulation and eliminate toxins with this gentle and revitalizing massage.	(25 min)   (50 min)
Head Massage Instantly relax with a massage that relieves tension in the head, neck, and face.	(25 min)
Anti-Stress Facial Massage Revitalize your facial skin, relieving stress and restoring hydration and radiance.	(25 min)
<b>Reflexology</b> Achieve balance through pressure on specific points of the feet, promoting overall well-being.	(25 min)
Foot Spa Renew and hydrate your feet with a treatment that includes warm steam, exfoliation, and a relaxing	(25 min) massage.
<b>Pregnancy Massage</b> Relax your muscles and relieve pain with a prenatal massage that improves circulation and mobility	(50 min) ,.
AfterSun Massage Care for sun-sensitive skin with aloe vera, providing immediate relief and restorative hydration.	(25 min)
<b>Children's Massage</b> Provide rest and relaxation for the little ones with a gentle and calming massage.	(25 min)

